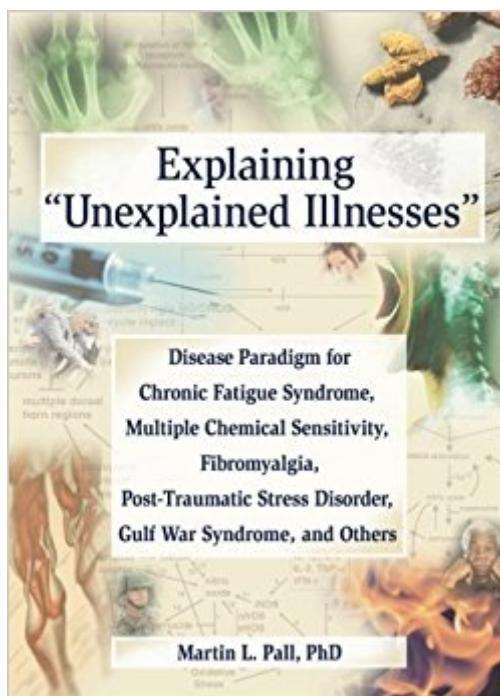


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# Explaining 'Unexplained Illnesses': Disease Paradigm For Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, And Gulf War Syndrome



## Synopsis

Discover the answer to the mysteries of these debilitating illnesses Explaining &#0147;Unexplained Illnesses&#0148; provides long-sought explanations for the properties of chronic fatigue syndrome (CFS), multiple chemical sensitivity (MCS), fibromyalgia, and posttraumatic stress disorder. This groundbreaking book examines common symptoms and signs; short-term stressors such as infection, chemical exposure, physical trauma, and severe psychological stress; why people are often diagnosed as having more than one of these illnesses, and approaches for treating the cause of each disease, rather than the symptoms. The book presents a detailed and well-supported mechanism (the NO/ONOO- cycle) that provides consistent explanations for many of the puzzling elements of these diseases. At least a dozen scientists have proposed that chronic fatigue syndrome, multiple chemical sensitivity, and fibromyalgia must share a common mechanism; others have suggested posttraumatic stress disorder may belong to this group as well. This unique book provides explanations for their previously unexplained properties with more than 1,500 references to scientific literature, creating a whole new approach to therapy and treatment of these illnesses. Explaining "Unexplained Illnesses" provides answers to these questions: how do short-term stressors initiate chronic illness? how does the biochemistry of the NO/ONOO- cycle produce chronic illness? how can the diverse symptoms and signs of these illnesses be generated as a consequence of their common biochemistry? why is there so much variation in symptoms from one sufferer to another? what are the principles underlying the NO/ONOO- cycle mechanism? how does the NO/ONOO- cycle provide explanations for a dozen previously unexplained properties of these illnesses? how might 14 additional illnesses/diseases also be caused by the NO/ONOO- cycle etiology? and many more Explaining &#0147;Unexplained Illnesses&#0148; is a must-read for physicians and scientists, and for anyone who suffers from-or knows someone who suffers from&#0151;these previously puzzling illnesses.

## Book Information

Paperback: 150 pages

Publisher: CRC Press; 1 edition (April 25, 2007)

Language: English

ISBN-10: 078902389X

ISBN-13: 978-0789023896

Product Dimensions: 6 x 1 x 8.4 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 29 customer reviews

Best Sellers Rank: #1,097,579 in Books (See Top 100 in Books) #51 in Books > Textbooks > Medicine & Health Sciences > Dentistry > Oral Surgery #64 in Books > Medical Books > Dentistry > Oral Surgery #161 in Books > Medical Books > Dentistry > Preventive

## Customer Reviews

A brilliant treatise that brings us closer to a 'unified field theory' explaining the underlying causes and pathophysiology behind CFS, FMS, and many other poorly understood syndromes . . . and also closer to effective treatment! My thanks and appreciation to Professor Pall for his excellent and ground-breaking work. -- Jacob Teitelbaum, MD, author of From Fatigued to Fantastic and Pain Free 1-2-3; Medical Director of the Fibromyalgia and Fatigue Centers IncA stunning expose on what is surely a central thesis of chronic, unexplained and fatiguing illness; namely, that oxidative stress mechanisms hold the key to any holistic viewpoint. He writes as a truth-seeker and as a biological scientist with a well reasoned and well documented style. This book could easily mark the end of the beginning of a more complete understanding of this complex field which is a trillion dollar nightmare of human misery and bio-political inattention. -- Paul R. Cheney, MD, PhDDr. Pall has put together as insightful and detailed view of a significant form of inflammatory biochemistry, in a manner that makes important contributions toward science-based treatment. . . . One can only hope that doctors and others with the sacred duty of care for the body/mind/spirit of another human being will read this book carefully. -- Grace Ziem, MD, PhDHas clearly demonstrated the weight of the molecular evidence regarding these targeted diseases: chemical hypersensitivities, fibromyalgia, chronic fatigue and post-traumatic stress, and that their causation and progression implicates redox imbalances, or in other words, electronic imbalances. His model is unique in explaining the overlapping nature of these diseases (comorbidity), and explaining why they were previously so difficult to understand, diagnose and effectively treat. Dr. Pall has integrated a massive amount of molecular/biochemical data (this feat is astonishing to me) in order to present a well crafted model, which should convince serious minded scientists and doctors that these conditions are strongly associated with reactive molecular fragments, oxidative species and that inflammation and immune abnormalities are the consequences. The options for therapy are intriguingly varied, generally with attractive safety profiles. The political/environmental implications of this work are vast, and must be embraced for the health of all of us across the globe -- Stephen A. Levine, PhD; president and CEO of Allergy Research Group; co- author of Antioxidant Adaptation: Its Role in Free Radical Pathology

Discover the answer to the mysteries of these debilitating illnesses Explaining "Unexplained Illnesses" provides long-sought explanations for the properties of chronic fatigue syndrome (CFS), multiple chemical sensitivity (MCS), fibromyalgia, and posttraumatic stress disorder. This groundbreaking book examines common symptoms and signs; short-term stressors such as infection, chemical exposure, physical trauma, and severe psychological stress; why people are often diagnosed as having more than one of these illnesses, and approaches for treating the cause of each disease, rather than the symptoms. The book presents a detailed and well-supported mechanism (the NO/ONOO- cycle) that provides consistent explanations for many of the puzzling elements of these diseases. At least a dozen scientists have proposed that chronic fatigue syndrome, multiple chemical sensitivity, and fibromyalgia must share a common mechanism; others have suggested posttraumatic stress disorder may belong to this group as well. This unique book provides explanations for their previously unexplained properties with more than 1,500 references to scientific literature, creating a whole new approach to therapy and treatment of these illnesses. Explaining "Unexplained Illnesses" provides answers to these questions: How do short-term stressors initiate chronic illness? How does the biochemistry of the NO/ONOO- cycle produce chronic illness? How can the diverse symptoms and signs of these illnesses be generated as a consequence of their common biochemistry? Why is there so much variation in symptoms from one sufferer to another? What are the principles underlying the NO/ONOO- cycle mechanism? How does the NO/ONOO- cycle provide explanations for a dozen previously Unexplained properties of these illnesses? How might 14 additional illnesses/diseases also be caused by the NO/ONOO- cycle etiology? and many more! Explaining "Unexplained Illnesses" is a must-read for physicians and scientists, and for anyone who suffers from-or knows someone who suffers from--these previously puzzling illnesses.

Martin Pall - amazing book. Glad you have shared your knowledge. Thanks, Deb Grace

In this book you will find an in depth etiology of 4 little known diseases (MCS, CFS, PTSD and FM). Their causes, mechanism and how to fight them efficiently. As well as some thought about collaterals, such as the difficulty to diagnose, the ignorance and skepticism of most people including, sadly, medical profession. And some number on how wide spread (and ignored) they are. There is a wealth of reference at the end of the book (about 120 pages of them!) Also you'll find also conjectures on numerous other disease, such as Asthma, Allergy, Lupus. It was a great read. Although, not being a MD or biologist myself, some passage were a bit difficult and I just browsed

over them.

The book has great information about what has always been missed in allopathic/standard medicine. Standard medical care has turned us into a sick and overdrugged nation, and there are about 40 other countries with better health than we have in the U.S. We cannot do the same BIG PHARMA drugging of everything IF we want to become healthier. There are many programs that produce actual health instead of more debilitation. This book gives great insight into what health really is. Some of the groups that are working to establish real health for patients are Science Based Nutrition with Dr. Van Merkle, and Dr. Dan Pompa's organization. We have been using the information in this book to help teach people what is not working in health care, so they can make better choices. Also check fixmedoc.com for information about testing & results on can achieve by living in a different paradigm.

Great book, but would be improved by having the services of [a] a professional editor [b] a professional indexer process it Lack of an index a real disappointment [Dr.] C. Hungerford

For chronic fatigue sufferers this book is a must read. The biochemistry professor who wrote this book presents a possible new way to understand diseases like chronic fatigue which have common symptoms.

Technical book to understand mcs.

I wish mainstream medical professionals would read this and learn and study these treatment methods! Many great ideas that can be transferred to biomedical theories and treatments for autism, as well.

Great book and fully explains so much

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Levels, and Reduce Stress (Adrenal Fatigue Syndrome, Reduce Stress, Adrenal Fatigue Diet, Adrenal Reset Diet Book 1) Unexplained Vanishings & Mysterious Deaths; Creepy Mysteries of the Unexplained.: Twisted tales of the most baffling unexplained disappearances & unexplained deaths... & the cryptic clues left behind Coping with Chronic Illness: \*Neck and Back Pain \*Migraines \*Arthritis \*Fibromyalgia\*Chronic Fatigue \*And Other Invisible Illnesses The Fatigue and Fibromyalgia Solution: The Essential Guide to Overcoming Chronic Fatigue and Fibromyalgia, Made Easy! Gut: The Key to Ultimate Health - SIBO, IBS & Fatigue (GAPS, Candida, Chronic Fatigue, Fibromyalgia, Adrenal Fatigue, SIBO, Parasites) I Was Poisoned By My Body: The Odyssey of a Doctor Who Reversed Fibromyalgia, Leaky Gut Syndrome, and Multiple Chemical Sensitivity - Naturally! Ptsd, Post-Traumatic Stress Disorder (Mental Illnesses and Disorders: Awareness and Understanding) The Oxygen Revolution: Hyperbaric Oxygen Therapy: The New Treatment for Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury, Stroke, Autism and More Fibromyalgia: The complete guide to fibromyalgia, understanding fibromyalgia, and reducing pain and symptoms of fibromyalgia with simple treatment methods! Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more) Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammology) Chronic Kidney Disease: The Essential Guide To CKD - Learn Everything You Need To Know About Chronic Kidney Disease (Chronic Kidney Disease, Kidney Stones, CKD) Healing Severe Chemical and EMF Sensitivity: Our Breakthrough Cure for Multiple Chemical Sensitivities (MCS) and Electro-hypersensitivity (EHS) Unexplained Mysteries: Bizarre Unexplained Mysteries From Every Corner Of The Globe: True Ghost Stories And Hauntings Box Set (True Paranormal, Haunted Asylums, Unexplained Phenomena Book 2) HORROR in the WOODS: Disappearing & Missing people. Unexplained Encounters: True Stories.: Unexplained Disappearances & Missing people. Strange & Unexplained Mysteries. Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease (Psoriasis, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac) (Volume 1) Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) War and the Soul: Healing Our Nation's Veterans from Post-Traumatic Stress Disorder

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